

Tuesday 7 August 2018, Week 3, Term 3

| In this issue                            |
|--|
| Education Week                           |
| External Validation                      |
| Congratulations to our Awards Recipients |
| Next Assembly                            |
| Student Wellbeing Update                 |
| A message from our new Student           |
| Wellbeing Support Officer – Hannah Smith |
| Congratulations Students                 |
| Hakea House is Victorious                |
| Book Week is coming                      |
| ICAS Maths                               |

# Calendar dates August 8 – Dance Troupes Rockdale Performance August 9 – Open Day August 14 – ICAS Maths SPAF – Senior Choir Performance August 15 – SPAF Senior Dance Performance August 20 & 27 - District Athletics August 29 – Kinder Transition Information Evening August 30 – Fathers' Day Stall September 13 – Kindy Excursion to Calmsley Hill Farm

# Principal's Message

Thought for the Week...

"The future of the world is in my classroom today."

~ Ivan Welton Fitzwater ~

#### **Education Week**

Happy Education Week! We have a fantastic week planned!

Today our students had the opportunity to participate in a writing workshop facilitated by visiting author, Dr Cameron Stelzer. Tomorrow our three dance troupes will perform at Rockdale Plaza and our Open Day, scheduled for this **Thursday**, **9**<sup>th</sup> **August**, will see our school open its doors and classrooms for our school community. We look forward to you joining us to share in the wonderful achievements of our students and staff. An Open Day schedule of events is attached to this newsletter.

#### **External Validation**

Our school has been selected this year to participate in an external validation process.

Each year, a group of schools are nominated to participate. This process provides schools with a valuable opportunity to discuss and reflect upon judgements about their practice – and the evidence that underpins them – with a panel of peers.

Today our school executive team will submit seven detailed sets of evidence as part of the external validation process. Our panel meeting will be conducted in Week 5 where we will have an opportunity to further share and highlight the significant growth and improvement our school has made in the domains of learning, teaching and leading, as articulated in the School Excellence Framework.

Congratulations to our extremely hard working and dedicated executive team and all staff at LPS for their contribution to this process.

# **Congratulations to our Values Awards Recipients**

Congratulations to the following students who were presented with a Values Award at our assembly in Week 10, Term 2.

Well done and keep up the great work!

| KR          | Darcy J, Allegra T   |  |
|-------------|----------------------|--|
| KA          | Jerry C, Zoe S       |  |
| 1MK         | Eden V-P, Jett G     |  |
| 1/2C        | Willow S, Jakub K    |  |
| 2D          | Nicholas P, Sophia E |  |
| 3/4A        | Max W, Emma W        |  |
| 3/4S        | Alexandra B, Abby H  |  |
| 3/4B        | Yushra B, Jasmine N  |  |
| <b>5/6S</b> | Ethan W, Eden H      |  |
| 5/6H        | Sean P, Charlize A   |  |
| 5/6F        | Peri L, Diana B      |  |

Congratulations to Samuel T (1MK), Zac B and Ethan C-C (1/2C), Hawra Z (3/4S) and Max C (5/6S) who all received Book Awards at last week's assembly.

# **Next Assembly**

Our first assembly in Term 3 will be hosted by **KA** and is scheduled for next Friday, 17<sup>th</sup> August at 12.15pm in the hall. We look forward to seeing you there!

Please be advised that the dates for 1MK and KR assemblies have been swapped. Therefore, KR's assembly will be held on Friday, 14<sup>th</sup> September and 1MK's assembly will be held on Friday, 28<sup>th</sup> September.

#### Student Wellbeing Update - BE GREAT LIKE GARNO!

Positive Behaviour for Learning and Bounce Back -

# Positive Beliaviour for Learning and Bounce B



#### What's the focus this week?

This week, LPS students are engaging in activities about expectations for **eating time recess and lunch and using the class lunch tubs** 

| Learn at all times                       | Participating Safely                  | Showing Respect                             |
|--|---------------------------------------|---|
| <ul> <li>Listen to and follow</li> </ul> | <ul> <li>Stay seated while</li> </ul> | <ul> <li>Use good manners at the</li> </ul> |
| teacher instructions                     | eating                                | canteen and when eating                     |
| <ul> <li>Go to the canteen at</li> </ul> | <ul> <li>Place lunchboxes</li> </ul>  | <ul> <li>Put rubbish in the bin</li> </ul>  |
| the correct time                         | /water bottles in the                 | <ul> <li>Place lunchboxes /water</li> </ul> |
|  | class tub                             | bottles in the class tub                    |

Next Week's PBL Focus:

In our **Bounce Back** lessons, students will be doing activities to develop their understanding of the following focus areas:

Early Stage 1 – 'Kindness to animals' (to understand that helping and caring for animals is important);

Stage 1 – 'Caring about and supporting others and showing kindness' (to understand that there are many different ways to support others);

Stage 2 – 'Respect' – (it's ok to be different and it's important to respect others' differences)

Stage 3 – 'Friendliness and inclusion' (to understand how to be friendly and inclusive of others).

# A message from our new Student Wellbeing Support Officer, Miss Hannah Smith...

"My name is Hannah Smith and I'd like to introduce myself as the Student Wellbeing Support Officer (SWSO) under the new NSW DoE program rolled out across the state this year. As part of the school's wellbeing team, my role will consist of providing emotional and social support to students in either a one on one, or a group setting as referred by classroom teachers as well as executive staff.

I will be working on Mondays and Thursdays, so if you want to contact me, either call the school office or see me in the playground before and after school.

I am excited to be a part of the Lugarno Public School community, working with the wonderful staff and students."

# **Congratulations students!**

Congratulations to our many wonderful students who received awards at last Friday's assembly for achievement at our Athletics Carnival, at Bandfest, at the Stage 2 and 3 Premier's Spelling Bee Finals, and to our newly inducted Library Monitors. We are so proud of all of you!









#### Hakea House is victorious!

Special congratulations to Hakea - the winning house from the Athletics Carnival. Well done Hakea!



# **Book Week is coming!!**

Week 5 is Book Week and Book Fair and our annual Book Parade will take place. Book Fair will operate Monday-Thursday in the Library and our Book Parade is scheduled for Thursday, 23<sup>rd</sup> August at 9.30am under the COLA. Time to get those book character costumes organised!

#### **ICAS Maths**

Just a reminder that the ICAS Math competition will be held next Tuesday for participating students.

Students are to meet with Androulakis promptly at 8.15am on the ramp near the Computer Room.

Students are asked to bring a pencil and a rubber.

# **Kinder Transition Parent Information Evening**

We are looking forward to meeting with the parents of our 2019 Kinder students at our upcoming Kinder Transition Parent Information Evening on Wednesday, 29<sup>th</sup> August from 6-7pm in the Hub (Library).

#### **Enrolments**

This is the time of year that we begin to receive our Kinder enrolments for next year, including enrolments for siblings of current students.

If you, a neighbour or friend have a child who will be seeking enrolment in our school next year, please contact the school office to collect an application to enrol.

# MindQuest Semester 2, 2018 - an enrichment opportunity

On Saturday 22<sup>nd</sup> September and Sunday 23<sup>rd</sup> September 2018, the NSW Talent Enrichment Weekend, *MindQuest*, will be held for primary students from Years 1-6 at St George Girls' High School, Kogarah. These include gifted and talented students, gifted underachievers and students with above average ability with a special interest. Students will have an opportunity to participate in over 37 exciting, fast-paced courses in the two-day program. They include courses in chemistry, earth sciences, drama, Lego robotics, art and much more. The cost of the weekend is \$200 (including GST). The closing date for applications is Friday, 24<sup>th</sup> August.

You can obtain a copy of the brochure in the office foyer or contact the MindQuest Coordinator, Shelagh Poray (Director, NSW Talent Centre) on 02 4959 7148 for further information.

#### **Justine Williams**

# Kids in the Kitchen!

Freezer friendly and perfect to eat for brunch or to add to lunch boxes. You can try different filings for delicious savoury muffins.

#### **Feta and Spinach Muffins**

#### Ingredients;

- 150g feta cheese, crumbled
- 250g fresh chopped baby spinach
- 1/3 cup semi-dried tomatoes, drained and chopped
- 3 cups self-raising flour
- 1 egg, lightly beaten
- 1¼ cups milk
- 100g butter, melted
- 3 tbsp finely grated parmesan cheese



#### Preparation;

- **1.** Preheat the oven to 180°C or 160°C fan-forced. Spray a 12-cup muffin tin with cooking oil spray and set aside.
- 2. In a large bowl, combine the feta cheese, spinach and sun-dried tomato.
- 3. Sift the self-raising flour over the mixture in the bowl and mix until well combined.
- 4. In a separate bowl, whisk together the eggs, milk and butter.
- 5. Add the milk mixture to the flour mixture and stir with a large metal spoon until just combined.
- **6.** Spoon 1/3 cup measures of the mixture into the muffin holes. Sprinkle over the parmesan cheese to top each muffin.
- **7.** Bake the muffins for 20 minutes, until cooked through and golden. Leave the muffins to cool in the tin for 5 minutes, then transfer to cool completely on a wire rack.

#### Notes:

- The secret to good muffins is to mix only until the ingredients are just combined.
- If you want to season the muffin mixture, keep in mind that the feta is already very salty.



Phone: 0410 484 029

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Recipe provided by Evie Petropoulos from Total Fitness Training

# **Stage 3 News**

# Camp

The time is fast approaching for finalising numbers and payment for our camp to Bathurst Goldfields at the end of the term.

The final date for payment is on Thursday 30 August. If you have any concerns about the camp itself or payment issues, please don't hesitate to contact me or check out their website at bathurstgoldfields.com.au.

This camp, as well as being a great way for the students to show independence and form new friendships, is also of educational value as it covers an aspect of the history unit on Australian Colonisation which we studied last term. It is also a good opportunity for the students to get a taste of 'country living'. Our short visit to Jenolan Caves is also spectacular.

Final details about the camp will be sent out later in the month.

# **YEAR 6 Farewell Meeting**

This **Thursday, 9 August**, our first meeting to start organisation for our Year 6 Farewell. Any parents who wish to be involved in the organisation of this event, are invited to attend. It will be held in the **library at 3pm.** Looking forward to seeing you there.

**Judy Harris** 

**Stage 3 Supervisor** 

# PSSA Draw Friday 10/08/2018

Netball v BYE

Girls Football v Kingsgrove at Riverwood Park

Boys Football / T Ball v Penshurst West at Gannons Park 3a

Mixed Newcombe Ball v Oatley at Oatley PS

# **PSSA Draw Friday 17/08/2018**

Netball v Kingsgrove Olds Park

Girls Football v Beverly Hills at Riverwood Park

Boys Football / T Ball v Mortdale at Gannons Park 3a

Mixed Newcombe Ball v Narwee at Lugarno PS

#### **Notes**

Please note that you can download notes from our website. If students need a copy of a note from the office, there will be a charge of 50c.

# Money due for excursions etc

Stage 3 Camp fourth instalment - \$115.00 due by 30/08/18 SPAF Senior Dance & Choir - \$8.50 due by 9/08/18 Stage 3 Taekwondo - \$40 due by 18/10/18

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